



Ancient, Free and Accepted Masons

The Grand Lodge of Saskatchewan

To be the Fraternal Organization of choice for men in the Province of Saskatchewan

Grand Master's Monthly Musings

"Dispensing Light through Happiness"



August was named in honour of Octavius Caesar, the nephew of Julius Caesar, who became master of Rome and was named Emperor of the Senate. He ruled wisely and received the title of Augustus, which means "worthy of reverence." From which the month of August receives its name.

Brethren: I hope everyone is having a great summer. It is a good feeling to be able to get back to some sort of normal, to see smiles on people's faces when you meet them, and to know that most people are protected from getting seriously ill or suffering death. This does not mean that the COVID virus has disappeared. COVID still poses a threat to those who are not fully vaccinated or immune compromised. I believe we will be having to deal with the virus for some time well into the future, not unlike the common cold. Please continue to practice good health hygiene, and remember that not everyone is comfortable with all restrictions being lifted. Please be aware of and respect everyone's comfort zone.

The Grand Line will resume visitations of Lodges in September, and I will accept invitations to visit or assist in degree work, whenever I am available.

Balanced Living: means considering all aspects of your life: relationships, work, health, and emotional well-being. Several philosophies core teachings are about balanced living. Some examples are: Taoism teaches that there is the balance between Yin and Yang; Buddhism teaches the principle of the "Middle Way"; and Aristotle's "Maintaining the Golden Mean" reasons that virtue is the mean or balance between the extremes of excess and deficiency.

As Freemasons we also promote a "balanced living" philosophy, being taught to divide our time between Prayer, Labour, Refreshment and Rest. In addition, we are taught to practice the four cardinal virtues of Prudence, Temperance, Fortitude and Justice, which all have core values of balance and/or stability. Finding that balance between Family, Work, Lodge and yourself is sometimes difficult but necessary for Peace, Harmony and Happiness. Ultimately, living a balanced life you will attain the chief point of Freemasonry, namely to endeavour to be happy ourselves and to communicate that happiness to others.

"A well-developed sense of humor is the pole that adds balance to your step

as you walk the tightrope of life." William A. Ward

"Happiness lies in virtuous activity, and perfect happiness lies in the best activity,

which is contemplative." Aristotle



Stay safe. and Happy!

MM Bro. Dan Olmsted . Grand Master, 2021-2022